OUTCOME 2: Outline the health issues relevant to Australia’s youth and, in relation to a specific health issue, analyse strategies or programs that have an impact on youth health and development.

For this task you are required to gather and discuss information on ONE health issue facing Australia’s youth (your issue will be selected by your teacher). You are to complete this research in PAIRS. You will have approximately one week to complete this task.

KEY KNOWLEDGE

2.5 Health issues facing Australia’s youth such as mental health, weight issues (including obesity), injury (including injury and death from drowning), tobacco smoking, alcohol use, illicit substance use and STI prevention (pages 140–9)

2.6 The key features of one health issue for Australia’s youth (pages 150–3), including:

— its impact on all dimensions of health and individual human development (pages 154–5)
— its incidence, prevalence and changes over time (trends) (pages 150–1)

TOPICS

Your teacher will allocate you a topic from one of the following:

<table>
<thead>
<tr>
<th>Anxiety (mental illness)</th>
<th>Obesity (eating disorders)</th>
<th>Tobacco smoking (substance use)</th>
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<tbody>
<tr>
<td>Depression (mental illness)</td>
<td>Bulimia nervosa (eating disorder)</td>
<td>Alcohol Use (substance use)</td>
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<tr>
<td>Poisoning (leading BOD in youth)</td>
<td>Anorexia (eating disorder)</td>
<td>Ice use (substance use)</td>
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<tr>
<td>Injury (leading BOD in youth)</td>
<td>Chlamydia (STI prevention)</td>
<td>Cannabis (substance use)</td>
</tr>
<tr>
<td>Drowning (leading BOD in youth)</td>
<td>Road Trauma</td>
<td>Cocaine (substance use)</td>
</tr>
</tbody>
</table>

1. Description of the issue:
   a. Define the issue. (1 mark)
   b. You must supply at least two graphs relating to AUSTRALIAN data about the issue, including at least 2 of the following: incidence, prevalence, morbidity and/or mortality figures. (2 marks)
   c. Select at least three determinants (preferably from different categories) and explain how they contribute to this youth health issue. (6 marks)
   d. Select one determinant that could act as a protective factor against developing this youth health issue. Your discussion should include information on who is most at risk such as males, females, certain age groups and certain social/cultural backgrounds. (3 marks)

2. Effects on youth health and development:
   e. Include information on how this issue can affect each dimension of youth HEALTH in the short and long term. You can use case studies here, health and medical data and personal accounts. (3 marks)
f. Include information on how this issue can affect each dimension of youth DEVELOPMENT in the short and long term. You can use case studies here and personal accounts. (4 marks)

g. Find and submit a reputable AUSTRALIAN media article (newspaper or online) related to your topic to demonstrate the extent of the issue. You must analyse your article in reference to the following:
   ➢ What are the main points? (2 marks)
   ➢ Why would this article be in the newspaper? (1 mark)
   ➢ How is the author trying to make you feel and why do they want to make you feel this way? (2 marks)

3. Responses to the issue:

h. Describe a strategy (Government, community or personal strategy) designed to support youth and decrease the prevalence of the issue. Who, what, when, where, why? (5 marks)

i. Where do you go for help in Bendigo? List the type of service and what is does to address this issue. Supply the name, address, cost if any and evaluate the service. You will probably have to ring and ask about the service and what they do. (3 marks)

4. Bibliography: (3 marks)
Include any references and websites that you use (use only Australian statistics). You are expected to use a minimum of five resources- your textbook will count as one reference as well as the article you supply for question 2.c. To get the full 3 marks use the library website to ensure you use the correct method for referencing.

5. Presentation: (3 marks)
   - This criteria sheet included stapled at the front of your written report with your name/s clearly written on it.
   - Responses presented in the correct order of questions (1a-d to 4).
   - Graphs include heading/s and labels etc.

TOTAL MARKS: 38

REMEMBER- YOU GET GRADED AS A TEAM!!!